



Hong Kong Saizeriya's menu items and ingredients may change based on seasonal availability, supplier changes, or recipe updates. Therefore, please use this list solely as a reference. If you have specific allergy-related concerns, please consult medical specialists and make decisions at your responsibility.

*As tableware and cooking utensils are shared at restaurants, there is a possibility of minuscule allergen contamination.

*Sensitivity to allergens varies greatly between individuals. It also significantly changes depending on health conditions.



Class	Menu Name	Gluten	Crustacea, Molluscs	Egg	Fish	Peanuts, Soybean	Milk	Tree nuts	Sulphite
Salad	Mortadella Salad	●		●		●		●	
Salad	Pineapple Mixed Vegetables Salad (Double topping)	●		●		●			
Salad	Seaweed Salad (Double topping)	●		●		●			
Salad	Smoked Salmon Salad	●		●	●	●			
Salad	Northern Shrimp Salad	●	●	●		●			
Salad	Garden Salad (Saizeriya Salad Dressing) (Lunch Menu Exclusive)	●		●		●	●		
Soup	Seafood Chowder	●	●		●	●	●		
Soup	Minestrone Vegetable Soup					●			
Soup	Cream Corn Soup						●		
Soup	Creamy Mushroom Soup		●		●	●	●		
Cold Starter	Pesto Smoked Salmon with Broccoli	●		●	●	●	●	●	
Cold Starter	Chilled Shrimp Platter		●						
Cold Starter	Seaweed								
Cold Starter	Mortadella (4pcs.) with Focaccia	●				●		●	
Cold Starter	Prosciutto Crudo (2 pcs.) and Focaccia	●				●			
Cold Starter	Prosciutto Crudo (4pcs)								
Cold Starter	Buffalo Mozzarella Cheese with Tomato						●		
Appetizer	Escargots with Herb Butter	●		●		●	●		
Appetizer	Grilled Chicken Wings (4pcs.)	●		●		●			●
Appetizer	Grilled Lamb Skewers (2 Skewers)								
Appetizer	Golden Crispy Chicken	●					●		
Appetizer	Gourmet Sausages	●							
Appetizer	Cheese and Bacon Potatoes	●					●		
Appetizer	Frittata			●			●		
Appetizer	Baked Diced Potatoes	●				●			
Appetizer	Baked Mussels with cream sauce (4 pcs.)		●				●		
Appetizer	Grilled Squid with Garlic Sauce				●	●			●
Appetizer	Crispy Calamari	●		●		●	●		
Appetizer	Popcorn Shrimp	●	●	●		●	●		
Appetizer	Black Pepper Sauteed Clam		●						
Appetizer	Sauteed Garlic Broccoli with Mushrooms					●			
Appetizer	Baked Mixed Vegetables with Meat Sauce	●				●	●		
Appetizer	Sauteed Spinach with Bacon								
Appetizer	Baked Spinach with White Sauce			●			●		
Baked Dish	Meat Doria	●		●		●	●		
Baked Dish	Meat Doria with a Soft-boiled Egg	●		●		●	●		
Baked Dish	Scallop Smoked Salmon Doria	●	●		●	●	●		
Baked Dish	Chicken Doria	●	●	●		●	●		●
Baked Dish	Penne with Scallop and Shrimp	●	●				●		
Baked Dish	Penne with Chicken	●	●			●	●		●
Baked Dish	Baked Spaghetti Bolognese with chicken (Lunch Menu Exclusive)	●				●	●		
Pizza	Pizza with Triple Buffalo Mozzarella Cheese	●				●	●		
Pizza	Pizza "MARGHERITA"	●				●	●		



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Pizza	Pizza with Bacon & Pineapple	●				●	●		
Pizza	Prosciutto Pizza	●				●	●		
Pizza	Pizza with Mushrooms and Bacon	●				●	●		
Pizza	Salami Pizza	●				●	●		
Pizza	Spicy Salami Pizza	●				●	●	●	
Pizza	White sauce Pizza with Mortadella	●				●	●	●	
Pizza	White sauce Pizza with Sausage and Spinach	●		●		●	●		
Pizza	Pizza with Sweet Corn and White Sauce	●				●	●		
Pasta	Spaghetti Pescatore	●	●			●			
Pasta	Pesto Spaghetti with Shrimp & Broccoli	●	●	●	●	●	●	●	
Pasta	Spaghetti "VONGOLE"	●	●			●			
Pasta	Spaghetti with Smoked Salmon & Spinach	●		●	●		●		
Pasta	Spaghetti with "TARAKO" Sauce	●	●		●	●	●		
Pasta	Spaghetti with "TARAKO" Sauce and Northern Shrimp	●	●		●	●	●		
Pasta	Spaghetti with Black Pepper Shredded Beef and Broccoli	●	●			●			●
Pasta	Spaghetti "Nero DI SEPIA"	●	●			●			
Pasta	Spaghetti "Nero DI SEPIA" with Northern Shrimp	●	●			●			
Pasta	Spaghetti "CARBONARA"	●		●			●		
Pasta	Spaghetti with Black Truffle Sauce	●					●		
Pasta	Spaghetti with Black Truffle Sauce and a Soft-boiled Egg	●		●			●		
Pasta	Spaghetti "PEPERONCINO" with Spinach	●				●			
Pasta	Spaghetti Bolognese	●		●		●	●		
Pasta	Spaghetti Bolognese with Soft-boiled Egg	●		●		●	●		
Pasta	Spaghetti with Tomato & Bacon	●		●		●	●		
Pasta	Creamy Spaghetti with Bacon & Mushrooms	●					●		
Pasta	Spaghetti "ARRABBIATA" with Sausage and Mixed Vegetables	●		●		●			
Pasta	Tomato Spaghetti "VONGOLE" with Mixed Vegetables (Lunch Menu Exclusive)	●	●			●			
Pasta	Creamy Peperoncino Spaghetti with Mushrooms and Chicken (Lunch Menu Exclusive)	●				●	●		
Grill	Grilled Lamb Rack (3pc.)	●					●		
Grill	Grilled Lamb Rack (2pc.)	●					●		
Grill	Acqua Pazza		●		●				●
Grill	Baked Pork Ribs with Barbecue Sauce	●							
Grill	Grilled Salmon Fillet	●			●		●		
Grill	Salmon Fillet with Cheesy White Sauce	●			●		●		
Grill	Hamburg Steak and Gourmet Sausage with Black Pepper Sauce	●	●	●		●	●	●	●
Grill	Hamburg Steak with Vegetable Salsa	●		●	●	●	●	●	●
Grill	Black Pepper Sauce Hamburg Steak	●	●	●		●	●	●	●
Grill	Grilled Chicken with Vegetables Salsa and Gourmet Sausages	●			●	●	●		●
Grill	Grilled Chicken with Vegetable Salsa	●			●	●	●		●
Grill	Black Pepper Sauce Chicken Steak	●	●			●	●		●
Grill	Hamburg Steak with Golden Crispy Chicken & Gourmet Sausage with Black Pepper Sauce (Lunch Menu Exclusive)	●	●	●		●	●	●	●



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Dessert	Pistachio Semifreddo Cake	●		●		●	●	●	
Dessert	Italian Custard Pudding			●			●		
Dessert	Milk Ice-cream (MILK TOP) with Italian Custard Pudding			●			●		
Dessert	Italian Custard Gelato	●		●		●	●		
Dessert	Chocolate & Milk Ice-cream (MILK TOP) (Double Scoops)						●		
Dessert	Earl Grey Cheesecake	●		●		●	●		
Dessert	New York Cheese Cake	●		●		●	●		
Dessert	Belgian Chocolate Mille Crepe Cake	●		●		●	●		
Wine	White Wine (Glass)								●
Wine	Red Wine (Glass)								●
Wine	Sparkling Rose Wine (Glass)								●
Wine	White Wine (Decanter)								●
Wine	Red Wine (Decanter)								●
Wine	Sparkling Rose Wine (Decanter)								●
Wine	Cliternia Vinobianco White Wine (Bottle)								●
Wine	Cliternia Vinorosso Red Wine (Bottle)								●
Wine	Lambrusco Sparkling Rose Wine (Bottle)								●
Wine	Falceri Moscato Dolce (Bottle)								●
Wine	Raffaello Chianti Bellini (Fiasco)								●
Wine	Peroni Beer	●							●
Others	Focaccia	●				●			
Others	Garlic Baguette	●				●			
Others	Rice	●							
Others	Soft-Boiled Egg			●					
Others	Grated cheese			●			●		
Others	Ketchup (pack)								
Others	Italian Chili Sauce								
Others	Pesto Sauce (Add-on Item)	●		●	●	●	●	●	