



Hong Kong Saizeriya's menu items and ingredients may change based on seasonal availability, supplier changes, or recipe updates. Therefore, please use this list solely as a reference. If you have specific allergy-related concerns, please consult medical specialists and make decisions at your responsibility.

*As tableware and cooking utensils are shared at restaurants, there is a possibility of minuscule allergen contamination.

*Sensitivity to allergens varies greatly between individuals. It also significantly changes depending on health conditions.



Allergen List

Updated date: 17/1/2025

Class	Menu Name	Gluten	Crustacea, Molluscs	Egg	Fish	Peanuts, Soyabean	Milk	Tree nuts	Sulphite
Salad	Northern Shrimp Salad (Half)		●	●		●			
Salad	Northern Shrimp Salad		●	●		●			
Salad	Seaweed Salad (Half)			●		●			
Salad	Seaweed Salad (Half)			●		●			
Salad	Pineapple Mixed Vegetables Salad (Half)			●		●			
Salad	Pineapple Mixed Vegetables Salad			●		●			
Salad	Smoked Salmon Salad (Half)			●	●	●			
Salad	Smoked Salmon Salad			●	●	●			
Soup	Seafood Chowder	●	●		●	●	●		
Soup	Minestrone Vegetable Soup					●			
Soup	Cream Corn Soup						●		
Soup	Creamy Mushroom Soup		●		●	●	●		
Cold Starter	Buffalo Mozzarella Cheese						●		
Cold Starter	Seaweed								
Cold Starter	Seaweed (Double)								
Cold Starter	Prosciutto Crudo (4pcs)								
Cold Starter	Prosciutto Crudo (2 pcs.) and Focaccia	●				●			
Cold Starter	Chilled Shrimp Platter		●						
Cold Starter	Chilled Shrimp Platter (Double)		●						
Cold Starter	Pesto Smoked Salmon with Broccoli	●		●	●	●	●	●	
Cold Starter	Pesto Smoked Salmon with Broccoli (Double)	●		●	●	●	●	●	
Appetizer	Escargots with Herb Butter	●		●		●	●		
Appetizer	Grilled Potato with Cheese (Frico)	●					●	●	
Appetizer	Italian Grilled Lampredotto Stew with Vegetables					●	●		
Appetizer	Grilled Chicken Wings (4pcs.)	●		●		●			
Appetizer	Grilled Chicken Wings (8pcs.)	●		●		●			
Appetizer	Grilled Lamb Skewers (2 Skewers)								
Appetizer	Grilled Lamb Skewers (4 Skewers)								
Appetizer	Gourmet Sausages	●							
Appetizer	Grilled Spicy Sausages	●				●			
Appetizer	Popcorn Shrimp	●	●	●		●	●		
Appetizer	Golden Crispy Chicken	●					●		
Appetizer	Golden Crispy Chicken (Double)	●					●		
Appetizer	Baked Diced Potatoes	●				●			
Appetizer	Baked Spinach with White Sauce						●		
Appetizer	Sauteed Asparagus						●		
Appetizer	Sauteed Spinach with Bacon								
Appetizer	Sauteed Garlic Broccoli with Mushrooms					●			
Appetizer	Black Pepper Sauteed Clam		●						
Appetizer	Grilled Squid with Garlic Sauce				●	●			●
Appetizer	Baked Prawn (4 pcs.)		●		●	●			●
Appetizer	Golden Crispy Norwegian Cod	●		●	●	●			
Appetizer	Crispy Calamari	●		●		●			

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Pizza	Pizza "MARGHERITA"	●					●		
Pizza	Pizza with Triple Buffalo Mozzarella Cheese	●					●		
Pizza	Sweet Corn Pizza	●					●		
Pizza	Salami Pizza	●					●		
Pizza	Seafood Pizza	●	●				●		
Pizza	Pizza with Bacon & Pineapple	●					●		
Pizza	Pizza with Mushrooms and Bacon	●					●		
Pizza	Pizza with Mushrooms and Chicken	●					●		
Baked Dish	Meat Doria	●				●	●		
Baked Dish	Meat Doria with a Soft-boiled Egg	●		●		●	●		
Baked Dish	Chicken Doria	●	●			●	●		●
Baked Dish	Mushrooms Chicken Doria	●				●	●		
Baked Dish	Penne with Chicken	●	●			●	●		●
Baked Dish	Penne with Shrimp	●	●			●	●		
Pasta	Spaghetti with Smoked Salmon & Spinach	●			●		●		
Pasta	Spaghetti with Tomato & Bacon	●				●	●		
Pasta	Spaghetti "PEPERONCINO" with Spinach	●				●			
Pasta	Spaghetti "NERO DI SEPPIA"	●	●			●			
Pasta	Spaghetti "VONGOLE"	●	●			●			
Pasta	Spaghetti with Black Truffle Sauce	●					●		
Pasta	Spaghetti "CARBONARA"	●		●			●		
Pasta	Spaghetti with "TARAKO" Sauce	●	●		●	●	●		
Pasta	Spaghetti Bolognese	●				●	●		
Pasta	Spaghetti Bolognese with Soft-boiled Egg	●		●		●	●		
Pasta	Spaghetti with "TARAKO" Sauce and Northern Shrimp	●	●		●	●	●		
Pasta	Spaghetti "NERO DI SEPPIA" with Northern Shrimp	●	●			●			
Pasta	Spaghetti with Black Truffle Sauce and a Soft-boiled Egg	●		●			●		
Pasta	Creamy Spaghetti with Asparagus and Chicken	●					●		
Pasta	Spaghetti with Lampredotto	●				●	●		
Pasta	Pesto Spaghetti with Shrimp & Broccoli	●	●	●	●	●	●	●	
Pasta	Spaghetti with Black Pepper Shredded Beef and Broccoli	●	●			●			●
Pasta	Spaghetti Pescatore	●	●			●			
Pasta	"ARRABBIATA" Bacon Penne	●				●			
Grill	Grilled Lamb Rack (2pc.)	●					●		
Grill	Grilled Lamb Rack (3pc.)	●					●		
Grill	Baked Pork Ribs with Barbecue Sauce	●							
Grill	Pangasius fillet with Pesto Sauce	●		●	●	●	●	●	
Grill	Grilled Salmon Fillet	●			●		●		
Grill	Salmon Fillet with Cheesy White Sauce	●			●		●		
Grill	Hamburg Steak and Gourmet Sausage with Black Pepper Sauce	●	●	●		●	●	●	●
Grill	Hamburg Steak with Vegetable Salsa	●		●	●	●	●	●	●
Grill	Black Pepper Sauce Hamburg Steak	●	●	●		●	●	●	●

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Grill	Grilled Chicken with Vegetable Salsa	●			●	●	●		●
Grill	Black Pepper Sauce Chicken Steak	●	●			●	●		●
Grill	Grilled Chicken with Vegetables Salsa and Spicy Sausages	●			●	●	●		●
Dessert	Italian Custard Pudding			●			●		
Dessert	Milk Ice-cream (MILK TOP) with Italian Custard Pudding			●			●		
Dessert	Italian Custard Gelato	●		●		●	●		
Dessert	Chocolate & Milk Ice-cream (MILK TOP) (Double Scoops)						●		
Dessert	Ice Tiramisu	●		●		●	●		
Dessert	Meringue Cake	●		●		●	●		
Dessert	Lemon Sorbet	●							
Dessert	Hokkaido milk Mille Crepe Cake	●		●		●	●		
Dessert	Kyoto Uji Matcha Mille Crepe Cake	●		●		●	●		
Dessert	Pistachio Semifreddo Cake	●		●		●	●	●	
Dessert	Italian Strawberry and Yogurt Gelato	●		●		●	●	●	
Wine	White Wine (Glass)								●
Wine	Red Wine (Glass)								●
Wine	White Wine (Decanter)								●
Wine	Red Wine (Decanter)								●
Wine	Cliternia Vinobianco White Wine (Bottle)								●
Wine	Cliternia Vinorosso Red Wine (Bottle)								●
Wine	Lambrusco Sparkling Rose Wine								●
Wine	Lambrusco Reggiano Sparkling Red Wine								●
Wine	Pinot Chardonnay Sparkling White Wine								●
Wine	Peroni Beer	●							●
Wine	Somersby Apple Cider								
Others	Garlic Baguette	●				●			
Others	Focaccia	●				●			
Others	Rice	●							
Others	Soft-Boiled Egg			●					
Others	Grated cheese						●		
Others	Ketchup (pack)								