Allergen List

The allergen list shows the eight specified ingredients requiring declaration in prepackaged food labels from Schedule 3 to the Food and Drugs (Composition and Labelling) Regulations (Cap. 132W):

cereals containing gluten; crustacea and crustacean products; eggs and egg products; fish and fish products; peanuts, soybeans and their products; milk and milk products (lactose included); tree nuts and nut products; and sulphite in concentrations of 10 parts per million or more.

- *As tableware and cooking utensils are shared at Saizeriya restaurants, there is a possibility of minuscule contamination.
- *Sensitivity to allergens varies greatly between individuals. It also significantly changes depending on health conditions.

Please use this list solely as a reference. Consult medical specialists and make final decisions at your responsibility.



致敏物列表 Allergen List

2022年4月29日 15:40:25

Class	Menu Name	Gluten	crustacea	Egg	Fish	peanuts, soyabean	milk	tree nuts	sulphite
Salad	Nothern Shrimp Salad	0	•	•	0	•	0	0	0
Salad	Tuna Salad		0	\circ	•	\bigcirc	\circ	0	0
Salad	Seaweed Salad	0	0	•	\circ	•	0	\bigcirc	0
Salad	Pineapple Mixed Vegetables Salad	0	0	•	0	•	0	\circ	0
Salad	Chicken Salad	0	\circ	•	0	•	0	0	0
Salad	Nothern Shrimp Salad(S)	0	•	•	0	•	0	\circ	0
Salad	Nothern Shrimp Salad(L)	0	•	lacksquare	\circ	•	\bigcirc	\circ	0
Salad	Tuna Salad(S)	0	0	•	•	•	0	\circ	0
Salad	Tuna Salad(L)	0	\circ	•	•	•	\circ	\circ	0
Salad	Seaweed Salad(S)	0	0	•	0	•	\circ	0	0
Salad	Seaweed Salad(L)	0	\circ	•	0	•	\circ	0	0
Salad	Pineapple Mixed Vegetables Salad(S)	0	0	•	0	•	0	0	0
Salad	Pineapple Mixed Vegetables Salad(L)	0	0	•	0	•	0	0	0
Salad	Chicken Salad(S)		0	•	0	•	\circ	0	0
Salad	Chicken Salad(L)		0	\odot	\circ	•	\bigcirc	\circ	0
Salad	Crab Stick Salad(S)	0	0	•	•	•	0	0	0
Salad	Crab Stick Salad(L)		0	\odot	\odot	•	\bigcirc	\circ	0
Soup	Seafood Chowder	•	•	\circ	\circ	0	•	\circ	0
Soup	Minestrone Vegetable Soup	0	0	\circ	\bigcirc	0	\circ	\bigcirc	0
Soup	Cream Corn Soup	•	0	\circ	\circ	0	•	\circ	0
Soup	Creamy Mushroom Soup	0	•	\circ	•	0	•	\circ	0
Appetizer	Golden Crispy Chicken	•	0	•	\circ	•	\bigcirc	\circ	0
Appetizer	Black Pepper Steamed Clam on Iron Plate		•	0	0	0	0	0	0
Appetizer	Grilled Spicy Sausage	•	0	\circ	\circ	•	\bigcirc	\bigcirc	0
Appetizer	Cheese and Bacon Potatoes	0	\circ	0	\circ	\circ	•	\circ	0
Appetizer	Buffalo Mozzarella Cheese with Tomato	0	0	0	0	0	•	0	0
Appetizer	Sauteed Spinach with Bacon		\circ	\circ	0	0	0	0	0
Appetizer	Seaweed	0	0	0	0	•	0	0	0
Appetizer	Gourmet Sausages	•	0	0	0	0	0	\circ	0
Appetizer	Sauteed Garlic Broccoli with Mushrooms	0	0	0	0	0	0	0	\circ

Class	Menu Name	Gluten	crustacea	Egg	Fish	peanuts, soyabean	milk	tree nuts	sulphite
Appetizer	Popcorn Shrimp	•	•	•	0	•	0	0	0
Appetizer	Grilled Squid with Garlic Sauce	0	•	0	•	•	0	0	\bigcirc
Appetizer	Escargots with Herbs and Butter	•	0	•	\circ	•	•	\circ	\bigcirc
Appetizer	Grilled Chicken	•	0	•	0	•	0	0	0
Appetizer	Grilled Potato with Cheese (Frico)	0	\circ	\circ	0	0	•	0	0
Appetizer	Grilled Potato with Cheese (Frico) and Anchovy		0	0	•	0	•	0	0
Pizza	Pizza "MARGHERITA"	•	0	\bigcirc	\bigcirc	0	•	\circ	0
Pizza	Pizza with Bacon & Pineapple	•	0	\circ	0	0	•	0	\bigcirc
Pizza	Pizza with Chicken and Black Pepper Sauce	•	0	0	0	•	•	0	0
Pizza	Cottage Pizza	•	0	0	0	•	•	0	\bigcirc
Pizza	Pizza with Sweet Corn and White Sauce		0	0	0	0	•	0	0
Pizza	Salami Pizza	•	0	0	0	0	•	0	\bigcirc
Pizza	Pizza with Anchovy and Squid	•	•	0	•	0	•	\circ	\bigcirc
Pizza	Pizza with Bacon, Potatoes and White Sauce	•	0	0	0	0	•	0	0
Pizza	Pizza with Seafood and White Sauce	•	•	0	0	0	•	0	0
Baked & Risotto	Meat Doria		0	•	0	•	•	0	0
Baked & Risotto	Chicken Doria		\bigcirc	•	0	•	•	0	0
Baked & Risotto	Mushroom & Cream Risotto		\bigcirc	•	0	0	•	0	0
Baked & Risotto	Baked Chicken and Spinach with White Sauce		0	•	0	•	•	0	0
Baked & Risotto	Rigatoni with Chicken	•	0	0	0	•	•	0	0
Baked & Risotto	Rigatoni with Shrimp		•	0	0	•	•	0	0
Baked & Risotto	Risotto "NERO DI SEPPIA"		•	0	•	0	0	0	0
Baked & Risotto	Meat Doria with a Soft-boiled Egg	•	0	•	0	•	•	0	0
Baked & Risotto	Black Truffle Sauce Risotto	0	0	0	0	0	•	0	0
Pasta	Spaghetti with Tomato & Bacon	•	0	•	0	•	•	0	\bigcirc

Class	Menu Name	Gluten	crustacea	Egg	Fish	peanuts, soyabean	milk	tree nuts	sulphite
Pasta	Spaghetti "PEPERONCINO" with Spinach	•	0	0	0	•	0	0	0
Pasta	Spaghetti "NERO DI SEPPIA"	•	•	\circ	•	•	0	0	\bigcirc
Pasta	Spaghetti "VONGOLE"	•	•	0	0	•	\circ	0	\bigcirc
Pasta	Spaghetti "PEPERONCINO" with Broccoli		0	0	0	•	0	0	0
Pasta	Spaghetti with Black Truffle Sauce		0	0	\bigcirc	•	•	0	\bigcirc
Pasta	Spaghetti "CARBONARA"	•	\circ	•	\circ	•	•	0	\circ
Pasta	Spaghetti with "TARAKO" sauce		•	0	•	•	•	•	\bigcirc
Pasta	Spaghetti "Pesto alla Genovese" with Chicken and Mushroom	•	0	0	0	•	•	•	0
Pasta	Spaghetti Bolognese	•	0	•	\circ	•	•	0	\bigcirc
Pasta	Spaghetti Bolognese with a Soft- boiled Egg		0	•	0	•	•	0	0
Pasta	Spaghetti "Pesto alla Genovese" with Potatoes and Mushroom		0	0	0	•	•	•	0
Pasta	Tomato Tuna Spaghetti	•	0	\circ	•	•	0	0	\bigcirc
Pasta	Mushroom Cream Rigatoni		0	•	\bigcirc	•	•	0	\bigcirc
Pasta	"ARRABBIATA" Bacon Rigatoni	•	0	\circ	\bigcirc	•	\circ	0	\circ
Grill	Hamburg with Vegetable Salsa		•	•	•	•	•	0	\bigcirc
Grill	Black Pepper Sauce Hamburg	•	\circ	•	\circ	•	•	0	\circ
Grill	Grilled Chicken with Vegetable Salsa		•	0	•	•	•	0	0
Grill	Grilled Mackerel	0	0	\circ	•	•	•	\bigcirc	0
Grill	Fish Fillet with Cheesy White Sauce		0	0	•	•	•	0	0
Grill	Rib Eye Steak	•	\circ	\circ	0	•	•	0	0
Grill	Black Pepper Sauce Chicken Steak	•	\circ	0	0	•	•	0	0
Grill	Grilled Lamb Rack (3 pcs)	0	\circ	\circ	0	•	•	0	0
Grill	Hamburg with Rich Cheese	•	0	•	0	•	•	0	0
Grill	Australia Rump Steak with Demiglace Sauce		0	0	0	•	•	0	0
Appetizer	Garlic Baguette		0	0	0	0	•	0	0
Appetizer	Cheese Baguette	•	0	•	0	\circ	•	0	\bigcirc
Others	Rice		0	0	0	0	0	0	0
Appetizer	Soft-boiled egg (Cold)	0	\circ	•	0	\circ	0	0	\bigcirc
Dessert	Italian Custard Pudding	0	0	•	0	\circ	•	0	0
Dessert	Ice Tiramisu	•	\circ	•	0	\circ	•	\circ	\circ

Class	Menu Name	Gluten	crustacea	Egg	Fish	peanuts, soyabean	milk	tree nuts	sulphite
Dessert	Meringue Cake	•	0	•	0	•	•	0	0
Dessert	Hazelnut Semifreddo Cake	•	0	•	0	0	•	•	\bigcirc
Dessert	New York Cheese Cake	•	0	•	0	•	•	•	0
Dessert	Italian Fior di Latte Gelato	0	0	•	\circ	0	•	\circ	\bigcirc
Dessert	Italian Custard Pudding with Vanilla Ice Cream		0	•	0	0	•	0	0
Dessert	Chocolate & Vanilla Ice-cream	0	0	\circ	\bigcirc	\circ	•	\bigcirc	\circ
Dessert	Chocolate Ice-cream	0	0	0	0	0	•	\bigcirc	0
Dessert	Vanilla Ice-cream	0	0	0	\circ	0	•	\bigcirc	\circ
Dessert	Tartufo Chocolate Ice-cream		0	•	\bigcirc	•	•	•	0
Wine	White Wine (Glass)	0	0	\circ	\circ	0	\circ	\bigcirc	•
Wine	Red Wine (Glass)	0	0	0	0	0	0	\bigcirc	•
Wine	CLITERNIA VINOBLANCO White Wine (750ml per bottle)	0	0	0	0	0	0	0	•
Wine	GATTAVECCHI QUOTIDIANO ROSSO Red Wine (750ml per bottle)	0	0	0	0	0	0	0	•
Wine	LAMBRUSCO ROSATO DOLCE Sparkling Rose Wine (750ml per bottle)	0	0	0	0	0	0	0	•
Wine	KRONENBOURG 1664 Beer	•	\circ	0	\bigcirc	\circ	0	0	0
Wine	SOMERSBY Apple Cider	0	\circ	0	\bigcirc	\circ	0	\circ	0
Grill	Grill Chicken with Gourmet Sausage & Popcorn Shrimp (Teriyaki Sauce)	•	•	0	0	•	•	0	0
Grill	Hamburg with Gourmet Sausage & Popcorn Shrimp (Black Pepper Sauce)	•	•	•	0	•	•	0	0
Others	Table Salt	0	\bigcirc	0	0	0	\circ	0	\bigcirc
Others	Grated Cheese	0	\circ	•	0	0	•	\circ	\circ
Others	Tabasco Sauce	0	\circ	0	0	0	0	0	\bigcirc
Dessert	Chocolate Ice-cream (double scoop)	0	0	0	0	0	•	0	0
Dessert	Vanilla Ice-cream (double scoop)		0	0	0	0	•	0	0

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